

wellhub

Welcome to
Wellhub





Are you ready to learn why **Wellhub** is the perfect fit for you?

Then you're in the right place;
this session is for you!



SCAN THIS QR CODE

Download the **Wellhub App**
to follow along on
your smart device!

We will start shortly!



wellhub

Why Wellhub?



Why Wellhub?

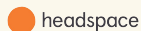
Wellhub:
With just **one**
membership,
Workout
anytime,
anywhere,
any place,
any way.

ACCESSIBILITY



More than **2,800**

gyms and studios near you,
thousands of **personal**
trainers, digital plan apps,
and more.

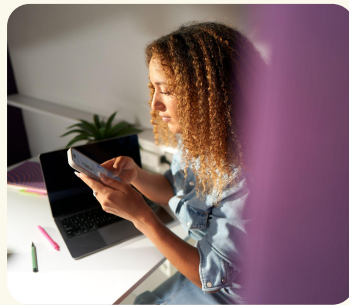


BASIC-FIT

TRIB3



AFFORDABILITY



7 Plans

starting from FREE, as we
want to make **wellbeing**
affordable to all, no matter
your budget.

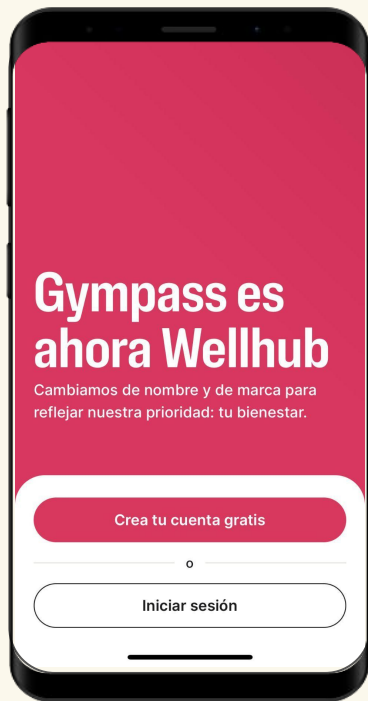
FLEXIBILITY



Freedom

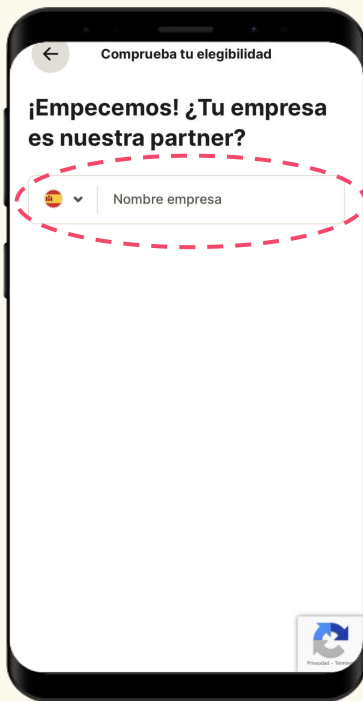
to choose the plans, price,
and partners that fit your
lifestyle. **No additional**
joining or cancellation fees.

Sign-up for free



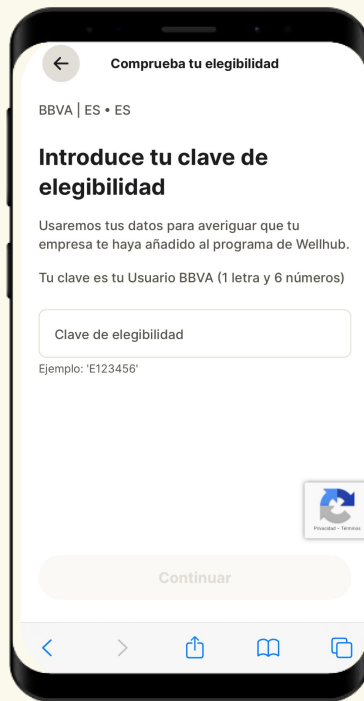
1

Log in to the app, and click on 'Sign up for free'.



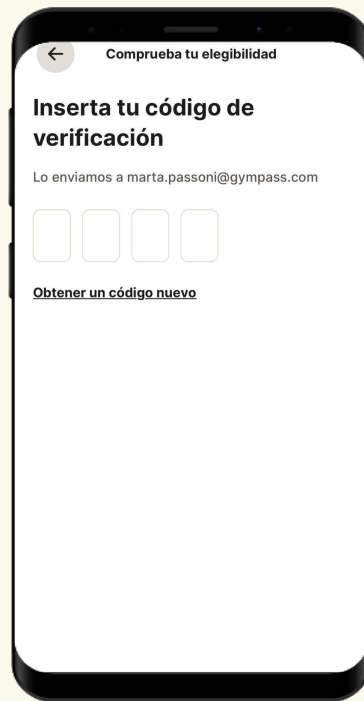
2

Select the company you work for.



3

Fill in your email address and the other information requested, and click on 'Continue'.



4

Enter the verification code that was sent to your e-mail address.

Ready to GO!

Create your password and your registration is complete.

What Wellhub has to offer



Solutions for your **body, mind and life**



Scan here to
download



39+
Partnered Apps



**Gyms & Fitness
Studios**



**Virtual
Classes & Workouts**



**Personal
Trainers & Custom
Fitness Programs**

Gyms and studios

Premium gyms, clubs and studios

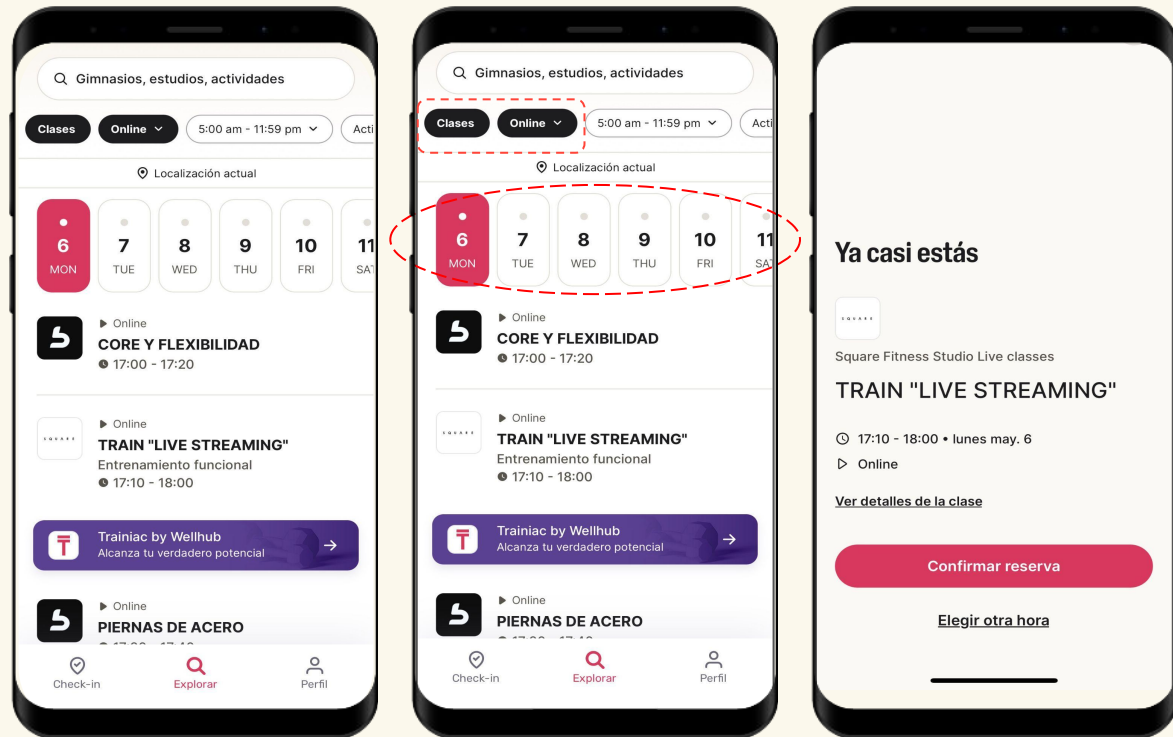
Hundreds of activities
to choose from

STARTER	BASIC	SILVER	GOLD	PLATINUM	DIAMOND
More than 140 Gyms, studios and online classes	More than 800 Gyms, studios and online classes	More than 1500 Gyms, studios and online classes	More than 2300 Gyms, studios and online classes	More than 2700 Gyms, studios and online classes	More than 2800 Gyms, studios and online classes
  	   	   	   	   	   

Please note: This slide provides an illustration of gyms and studios per plan. Availability of gyms and studios per plan may vary by location and plan tier is subject to change.

Online classes

Flexibility to participate in a group class streamed in real time by gym and studio partners, from **wherever you are.**



1

Log in to the app and click on the 'Explore' icon.

2

Filter by 'Classes' at the top of the screen

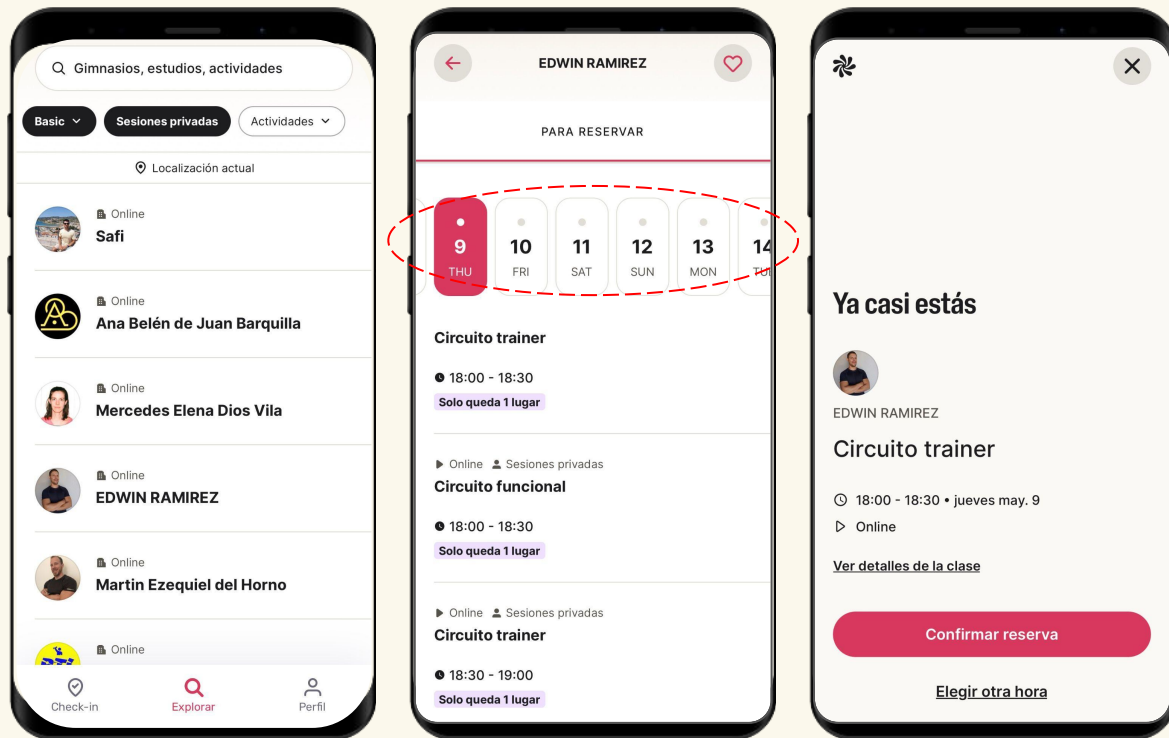
3

Search for a class by day and time. Then click on the 'Confirm booking' button.

Private Sessions

Tailored for your wellbeing, these sessions offer one-on-one training , health, and wellbeing sessions.

The access to Private Sessions varies depending on your chosen plan.



1

Log in to the app, and click the 'Explore' icon.

2

Filter by private sessions at the top of the screen.

3

Search for a private session and schedule your classes by clicking on the 'Booking' button.

Apps de bienestar

Top-rated apps for self-care

Physical, emotional, nutrition, sleep, financial, women's health and more

Digital
(Free)

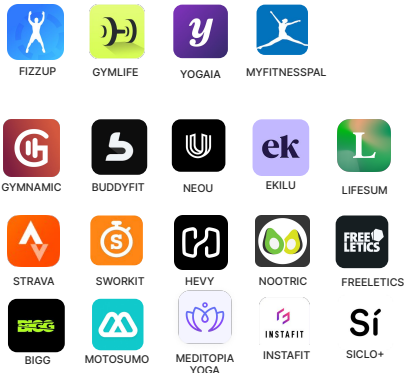
Starter
& above

Basic
& above

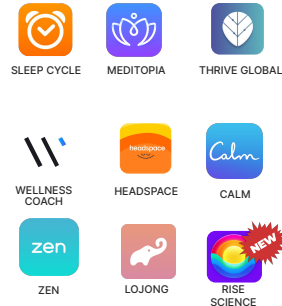
Silver
& above

Gold
& above

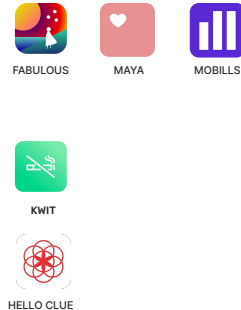
PHYSICAL & NUTRITION



MIND, SLEEP & MEDITATION



HEALTHY HABITS & MORE



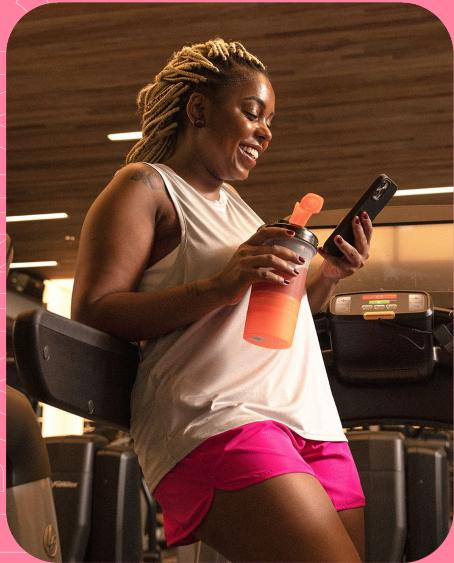


Trainiac by wellhub

Exploring the Wellhub App



Trainiac
by wellhub



**Tailored,
affordable, and
flexible support
designed to fit
your needs, all as
part of a **single
Wellhub
subscription****

Available starting from the Silver Plan

Ultra-personalised approach
to your wellbeing



Personal Wellness coaches

Access dedicated coaches focused on enhancing your wellbeing.



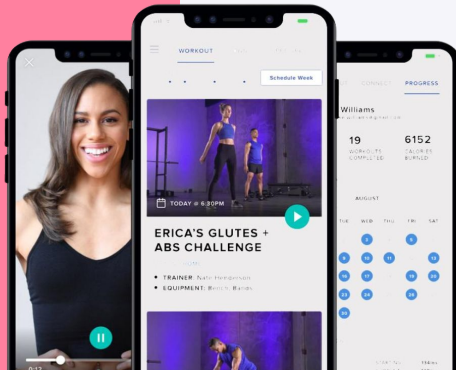
Personalised Workouts

Tailored exercises to meet your fitness goals.



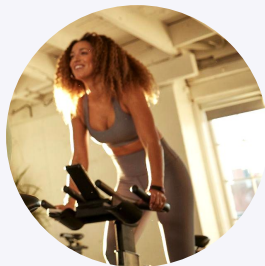
Support Network

Beyond workouts, your wellness coach recommends additional partners to enrich and diversify your routine.



How your week can look with Wellhub

Find the feel-good in every day



MONDAY

Getting Started

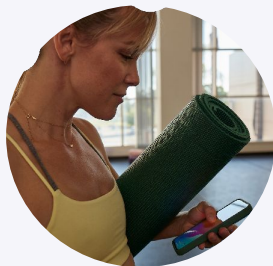
Head to your nearest gym or studio and check-in for the first time. Or, start your workouts at home with a personalised virtual training session by Trainiac.



Your App for Kickstarting Personalised Workouts



Trainiac



TUESDAY

Find an activity to love!

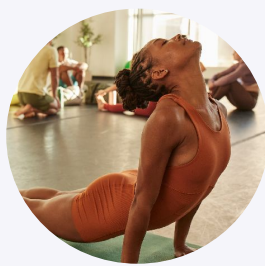
Pilates? Muay-thai? Spinning?
It's time to try that activity you've always wanted to do. You've got lots of choices!



Schedule your session with a certified psychologist.



Therapyside



WEDNESDAY

Yoga Class

Take a break and breathe in with a Yoga or meditation class, via live streaming or in-person.



App to Improve Your Sleep



Sleep Cycle



THURSDAY

Knockout Fitness

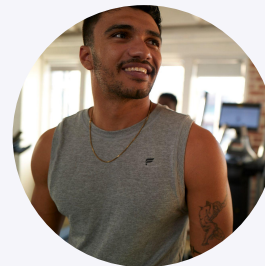
Try your first boxing or kickboxing class to shake up your routine!



App for your personalised meal plan



Nutrium Care



FRIDAY

Dancing Moves

Let's dance! Slide that sofa aside and join the groove with Neou's awesome dance classes.



Sweat from home



Neou

wellhub

Exploring the Wellhub App



Let's explore the Wellhub app.

In the bottom bar, you will have access to 3 tabs to access the platform's features:

Check-in, Explore, and Profile.



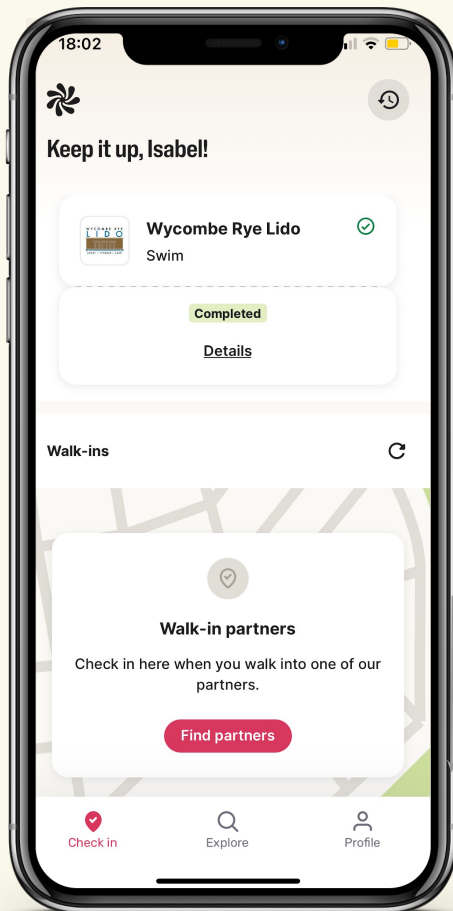
Check-in

Used to access gyms and check your daily/monthly history.



Explore

Explore Live Classes, Personal Training, Wellness Coaches, and Apps



Scan here to download!



Profile

Change your account settings, manage your subscription and those of your family members, refer a partner, access Wellhub Support, and more.



Checking-in

Exploring the Wellhub App



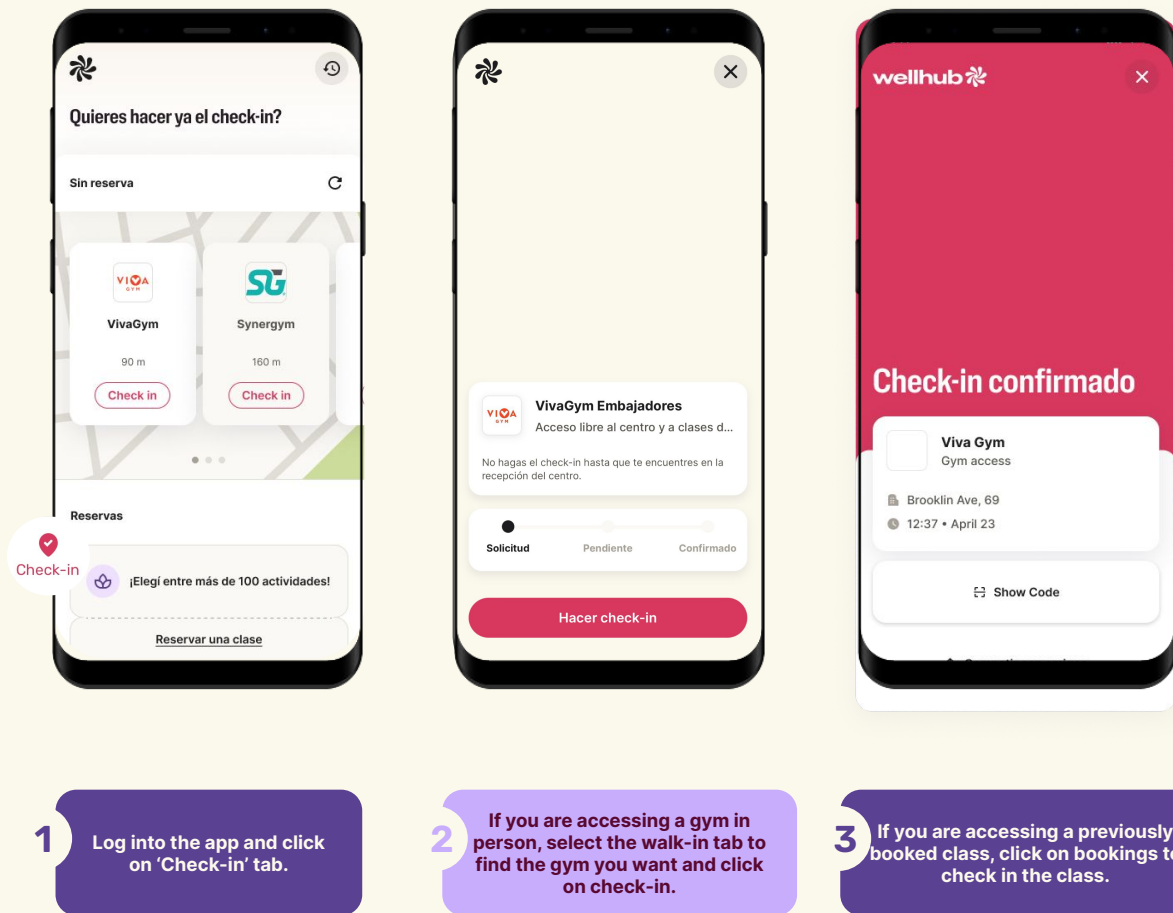
Checking-in, a click away from your workout.

- One daily check-in allowed per user, regardless of the plan.

Applicable to:

- **In-person classes**
- **Live group classes**
- **Personal trainer sessions**
- **Walk-ins**

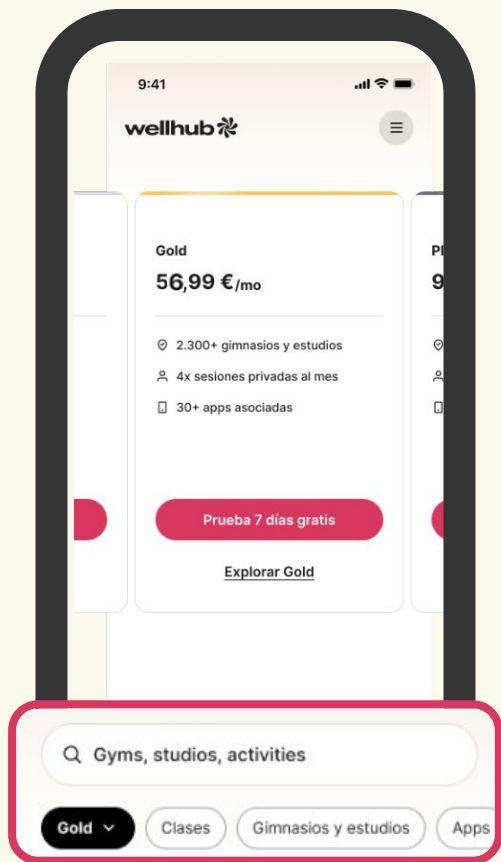
- Digital Plan apps do not consume check-ins





Activate your plan

Membership Options

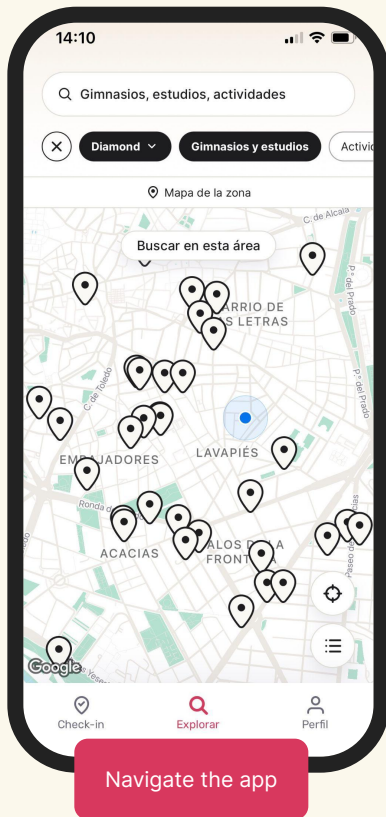
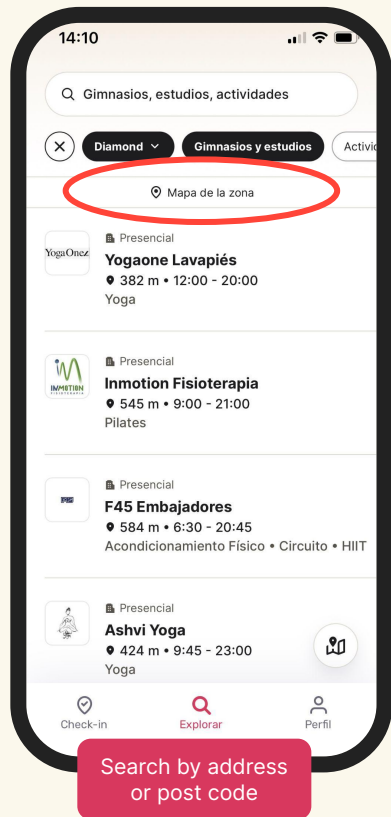


Finding the plan that best suits you

Once you have created your free account, you will encounter a plan carousel. By clicking the explore button, you can navigate to see what each plan has to offer.

You can search based on your location and apply filters such as:

- Classes
- Gyms and Studios
- Apps
- Personal Trainers
- Type of Activity



Find gyms and studios near you

You enter in a postcode to see gyms in a specific area or just click the map to check what gyms/studios are near you.



Plans & Pricing

Membership Options





Membership options,

variety of month-to-month options to meet all needs:



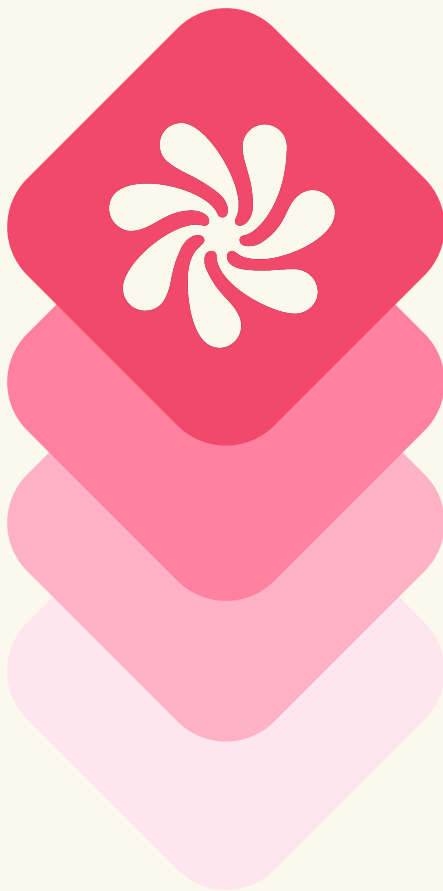
Family members



Extend Wellhub to your loved ones

Share the subscription you
like with your loved ones and
add up to 3 family members*
to your plan.

*Family members means your spouse/cohabitant, child,
parent or other relative.



Family members enjoy the same benefits as you.



The account holder does not need to have an active plan to add family members.

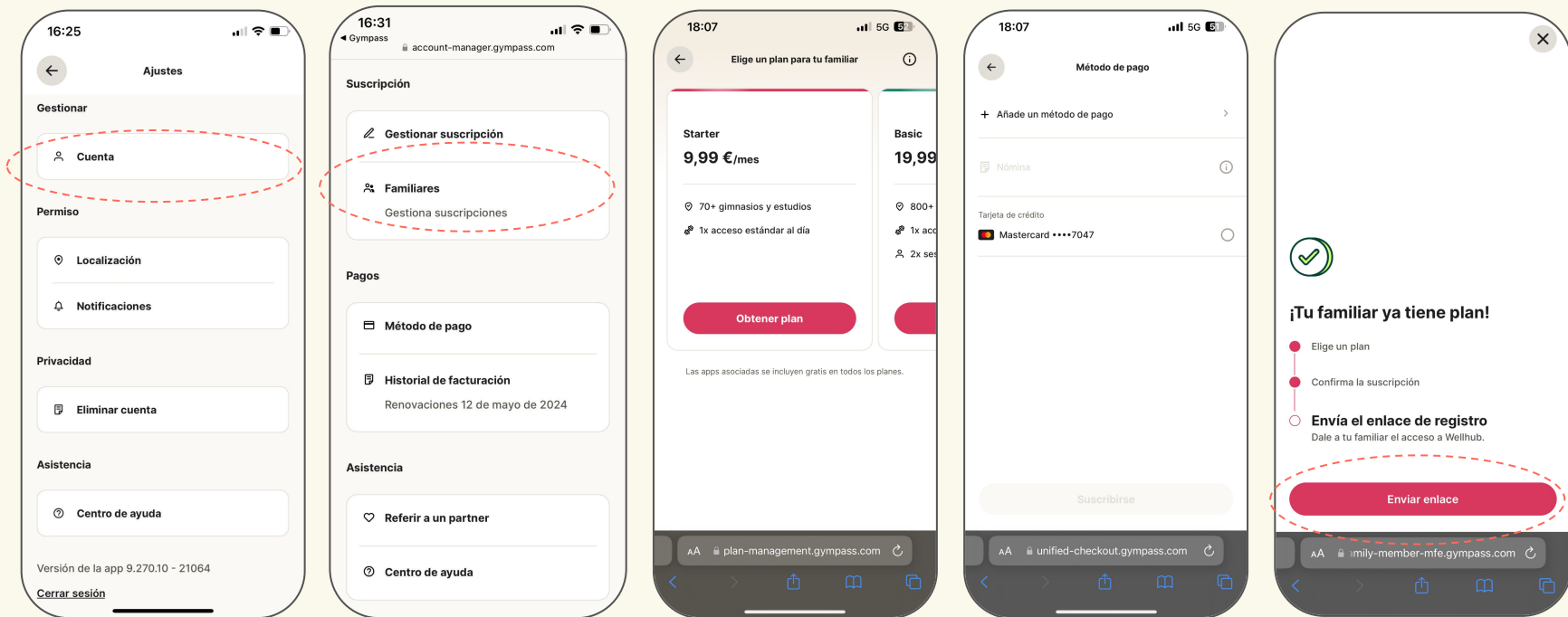


Each family member has access to the same subscription plans.



Subscription payments are made by the primary account holder only.

How can you add your family members?



1

Go to the 'Account' menu:
In your app, click on
Profile > Settings >
Account

2

Select 'Account' and click
on 'Family members'.

3

Click 'Add new
subscription', choose a
plan and click 'Continue'.

4

Add or select your
payment method and
click on 'Subscribe'.

5

Share the activation link
with your family member so
they can complete the
registration and enjoy the
plan!

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Events Calendar



Here is your
invitation to join us
on the **Wellhub**
Events Calendar.



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Help Center

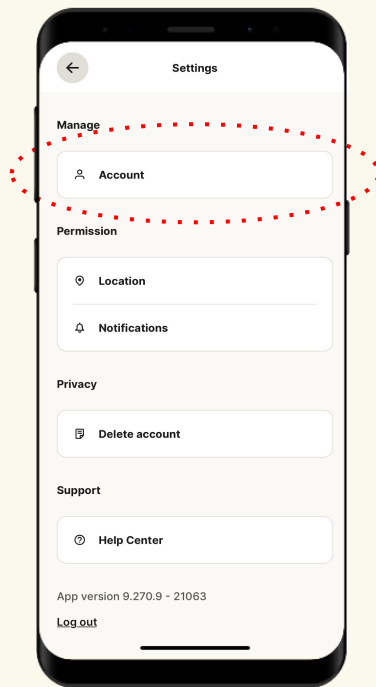


Help Center

How to get assistance from Wellhub?

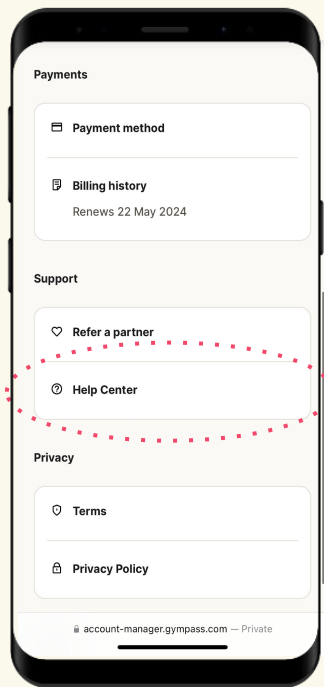
Visit the help center through the link:
<https://support.Wellhub.com>

Our working hours are Monday to Thursday 9:00am - 20:00pm, Friday 9:00am - 18:00pm excluding bank holidays.



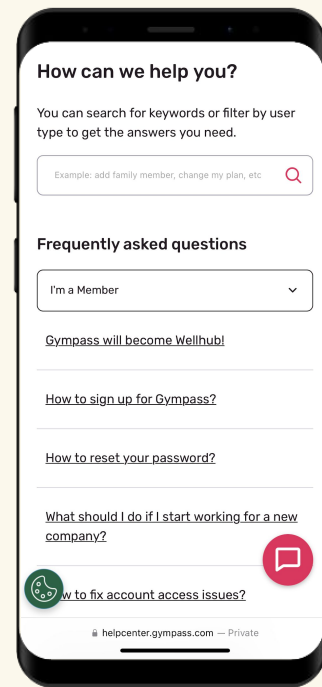
1

Go to the 'Account' menu: in your app click on Profile > Settings > Account.



2

Select 'Help Center'.



3

Search your question by keyword or access start a new chat with Wellhub Support.



Questions?

